

NATIONAL COVID ALERT

STAY HOME

5 NOV – 2 DEC

- ▶ Only leave home for food, medical reasons, exercise, education or work
- ▶ You must work from home if you can
- ▶ Avoid travel unless essential
- ▶ Schools and essential shops will remain open
- ▶ Remember: wash hands, cover face, make space

Find the latest guidance and exemptions at gov.uk/coronavirus

STAY ALERT ▶ CONTROL THE VIRUS ▶ SAVE LIVES