



Community News



Serving the villages of Ormesby St Margaret, Scrabby and California and our Neighbours

Sponsored by the Parish Council. Published on the 25th of each month. Publishing deadline 15th of the preceding month.

Email: oscommunitynews@gmail.com Tel 07876681954

EDITION NO 5 FREE MONTHLY NOVEMBER 2018

Inside:

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- ◆ Problems Solved
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Memorial 1918

Ormesby St Margaret

Thank you 

ALL WHO SERVED, SACRIFICED,
AND CHANGED OUR WORLD
1918-2018

FREE

Commemorative Edition

Also available digitally

www.ormesby.org.uk

Or by email from
clerk@ormesby.org.uk

LETTERS TO THE EDITOR

DEAR READERS

Welcome to our Commemorative Edition for the 100th Anniversary of the ending of the Great War 1914 - 1918

We have special articles on the history of the Cenotaph (from Peter Lawrence) and on Animals at War, photos from 1918 in Ormesby, a recipe for "Gingerbread for Soldiers" from Great Great Aunt Sophia and family memories, plus many regular monthly articles.

Does anyone know when the Ormesby St Margaret war memorial was erected? As Peter Lawrence says in his fascinating article, some memorials were erected as early as 1915 but despite assiduous searching of the internet I cannot find a date for ours. Please let me know if you have the answer by ringing or texting 07876681954

Finally, following a conversation with a parishioner, you will see that we have added the details of the Norwich Synagogue to our "Places of Worship". If you would like us to add any other details, please let me know.

The Editor



PHOTOS, FRONT COVER AND BELOW: BY KIND PERMISSION OF JOAN FLETCHER



COMMONWEALTH WAR GRAVES COMMISSION (CWGC)

Did you know that there are 8 CWGC graves in the Ormesby St Margaret graveyard? You may say, "but I thought that those who died in war had to be buried where they fell". This is true but there are some exceptions.

The rules of the CWGC are that the graves of the fallen must be in the area/country where they fell. However, there are some who were injured or fell ill while abroad and were repatriated to their home country, to recover. If they then died at home the CWGC arranged burial in that area. The CWGC then maintain those graves. That is why these 8 graves are in our churchyard.

A group of villagers are trying to research these men and will eventually research all those who are mentioned on the St Margaret's War Memorial.

We will keep you informed of our results.

Ivy Eyre

PROTECTING YOUR PET

ON BONFIRE NIGHT:

- ◆ Walk dogs during daylight hours.
- ◆ Close windows and curtains to muffle the sound of fireworks
- ◆ Put on some music or tv to mask the firework sounds
- ◆ Create some hiding places around your home
- ◆ Microchip your cats in case they're startled and escape outside
- ◆ Partly cover outside cages and pens with blankets so an area is soundproofed & hidden, but allow space for the animals to look out
- ◆ Provide bedding small animals can burrow in
- ◆ Consider bringing them indoors – this will need to be done gradually so plan ahead
- ◆ If you have a horse out in a field, check locally to see if there are going to be any firework displays in your area that may affect them.
- ◆ Where possible - tell the organisers of firework displays that horses are nearby and ask them to set off their fireworks in the opposite direction



SMILES MATTER

Oral Cancer:

Oral Cancer is prevalent in this day and age and it is important to try and prevent the risks of Oral Cancer.

Fact: Did you know that if you smoke and drink alcohol, that this multiplies the risks of oral cancer.

Also consider using an alcohol free mouthwash.



Dental Care Group

USEFUL INFORMATION

PARISH COUNCIL		PARISH HALLS	
Chair	Adrian Peck	07768216402	Bracecamp, Ormesby 730365 & 730599
Clerk	Lisa Callow	07825266117	Village Centre, Ormesby 730907
			All Saints Parish Hall, Scratby 384475
SCHOOLS		COUNCILS	
Caister High School	720452	Great Yarmouth Borough	856100
Flegg High School	740349	Norfolk County	01603 222 222
Ormesby Infant School	730298	DOCTORS / DENTISTS	
Ormesby Junior School	730944	Ormesby Medical Centre:	
PLACES OF WORSHIP		Doctor	730205
St Margaret, Ormesby	not available	Dentist	730384
Light Of Life Baptist Church:		Pharmacy	384000
Administrator (Hannah)	733706	Hemsby Medical Centre:	
email: info@lightoflife.org.uk		Doctor	731132 / 730449
Methodist Church (Hemsby)		Dentist	732433
Secretary: Maureen Turner : 01692 670716		Pharmacy	732429
email: jaybjay08@tiscali.co.uk		James Paget Hospital 452452	
St Ignatius Catholic Church Caister:		NHS non emergencies 111	
Parish Priests: Father Anthony Nwanko and Father Alex Ibe		POST OFFICES	
emails: anthonyezichukwu@gmail.com and ibealexander650@gmail.com		Ormesby	730322
Green Pastures Christian Fellowship Ormesby:		Scratby	730658
John Ellero	721503	TRANSPORT	
Derek Gidney	751312	Bus Times/Information	0845 602 0121
Norwich Hebrew Congregation, 3 Earlham Road, Norwich		National Rail Enquiries	0871 200 4950
enquiries@norwichsynagogue.org.uk		RECREATION AND SPORT	
POLICE		Bowls Club	730112
Emergency	999	Non emergency 101	

NOVEMBER REFUSE COLLECTIONS

GREEN BINS	WEEKS BEGINNING	8 AND 22	BLACK BINS	WEEKS BEGINNING	1, 15 AND 29
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MOBILE LIBRARY TIMETABLE

DATES OF NEXT VISITS

Village	Arrival	Departure	Stop name
Ormesby	1005	1045	Royal Oak
Ormesby	1050	1105	Firs Avenue
Ormesby	1110	1125	Beck Avenue
Scratby	1435	1450	Beach Road
Scratby	1455	1530	Beach Drive
Scratby	1535	1550	Beach Rd Pages Stores
California	1555	1610	Rottenstone Lane Bus stop

19 November, 17 December 2018

14 January, 11 February 2019

Choose items or reserve via the online catalogue for collection from a mobile library. You can return them to any branch library or mobile library in Norfolk. Items include:

Fiction books for adults and children (book request 60p); Non-fiction books for adults and children (subject requests are free); Large print books (book request 60p); DVDs (a small charge); Audio books on CD and tape (a small charge)

We do not charge for overdue books, although a repeat loan charge may apply for hired items (eg DVDs, games, CDs, and spoken word formats) not returned on the due date. A replacement charge may apply if items are lost or stolen.



SERVICES OF WORSHIP

St Margaret Ormesby see Notice Board

Green Pastures Christian Fellowship Sundays at Bracecamp Hall at 1030

Hemsby Methodist Church Sundays at 1100

First Mondays 1000 Prayers for Healing

1015 Vineries Service

Wednesdays 10.00 Coffee Morning

St Ignatius Catholic Church Caister Vigil Mass Sunday at 1700

Weekday Mass Tuesday at 1000

Norwich Hebrew Congregation Saturdays 1000



LIGHT OF LIFE BAPTIST CHURCH

You are welcome at our family friendly church

We meet every Sunday at 10:30am at All Saints Parish Hall, Scratby

- 1st Sundays: All-age family morning
- 2nd Sundays: Teaching and Sunday school
- 3rd Sundays: Café church
- 4th Sundays: Worship and Sunday school
- 5th Sundays: Something different

Contact us: 01493 733706; info@lightoflife.org.uk (Hannah, Administrator)

www.lightoflife.org.uk

REPORT FROM THE OCTOBER COUNCIL MEETING

Summary of Minutes of a meeting of Ormesby St Margaret with Scratby Parish Council

Held on Monday 8th October 2018 at the Village Centre, Station Road, Ormesby St Margaret, at 7pm

The Chairman welcomed Cllrs. Heelas and Scott-Greenard as new members of the Parish Council and the Council held a moments silence in respect of the late Cllr. Charles Reynolds.

Councillor Hanton had provided a report. It noted that a Winter Festival will be held in Great Yarmouth from 30th November to 23rd December 2018 and will revolve around four differently themed weekends, with businesses now offered the special opportunity to sell their festive food, drink, arts, crafts and gifts from special trading spaces in the Market Place. The Christmas Fayre held on the first week will include the Christmas lights switch-on, with live entertainment and fireworks.

He had also reported that national changes to mandatory licensing for landlords who provide a house in multiple occupation (H.M.O.) came into effect on 1 October 2018. Under the new legislation, landlords of any residential rental properties, which have two or more households and a total of five people or more and where there are shared amenities such as bathroom, toilet or cooking facilities, will need to apply for a H.M.O. mandatory licence.

An update was provided on the enquiry regarding the lamp post in Pippin Close - the column is connected to the old network. As part of the repair the intention is to connect it directly to the U.K. Power Network. It is envisaged that this will be done within the next three months.

Regarding the allocation of street naming and numbering of houses being built on Yarmouth Road, Ormesby (Pointers East Development), the chosen name is 'Greenacres.'

The insurance claim made in relation to the burst pipe at the Pavilion was paid to Council on 5th October. The Clerk will continue to seek additional compensation from the Water Board. As reported elsewhere in this Newsletter (Page 13), the memorial trees for the Village Green had been ordered and planting arranged. The final tree will be planted on 11th November at 12.30pm and will be attended by the Royal British Legion in full uniform.

The Council was advised that a programme of work is to be undertaken by GYBC to improve the playground equipment in Ormesby, and the possibility of funding new equipment was being explored.

The Clerk reported that the Parish had some success with the 'In Bloom' competition winning the following awards: Scratby Best Village – Silver Gilt, All Saints Parish Hall Best Community Project – Silver Gilt, Ormesby St Margaret Best Village – Silver, and Ormesby St Margaret Best Allotments – Silver. (see also Page 7) The Chair thanked all those involved.

It was also reported that some work had been done to the allotment tap and the water flow has increased considerably. Some additional work will be undertaken to increase it further.

Stopping Up Order – Yarmouth Road (near the First and Last): It was agreed that the Council should consider what legal valid objections they have and rebut each point in the letter received from Howes Percival. Further research will be undertaken and a letter of reply drafted.

To view a full version of the Parish Council minutes please visit www.ormesby.org

PARISH COUNCILLORS

Adrian Peck - Chairman

01493 733737
07768216402 apec@ormesby.org

Mick Cheetham

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mcheetham@ormesby.org

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John Green

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Robert Hill

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Brian Jones

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Nigel Lee

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Steve Scott-Greenard

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John Gingell (Scratby)

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Shirley Heelas (Scratby)

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Kathryn Wendt

Deputy Chair & (Scratby)

07815132808

kwendt@ormesby.org

Reinhardt Wendt (Scratby)

07810814860
rwendt@ormesby.org

Further information at www.ormesby.org

PROBLEMS SOLVED & HELP GIVEN.....

Each month we will tackle here common problems and what to do about them. If you would like to send us a problem, please email oscommunitynews@gmail.com. All questions will be anonymous and we cannot give individual advice. This month.....



Citizens Advice Coordinator, Steve Scott-Greenard on Consumer Issues – If a delivery hasn't arrived

With Christmas approaching, it is becoming more common to order items online or via catalogue purchases. It is also more common for large companies to utilise the services of third party delivery agents. This has seen an increase in undelivered or lost items. Here, we discuss your rights and methods of resolving the issue of undelivered goods.

If something you've ordered hasn't arrived, you should first contact the seller to find out where it is. It's the seller's legal responsibility to make sure the item is delivered to you. They should chase the delivery company and let you know what's happened to your item.

If your item wasn't delivered to the location you agreed (eg it was left with your neighbour without your consent), it's the seller's legal responsibility to sort out the issue. If the item doesn't turn up, you're legally entitled to a replacement or refund.

Get the item delivered again

You can write to the seller and ask them to deliver the item again. You should do this if the item wasn't delivered within a reasonable time or the item wasn't delivered by an agreed date. Your letter should include these lines:

"Failure to deliver within a reasonable time and outside of the agreed deadline is considered to be a breach of contract. I am now making time of the essence and request the item be delivered within 14 days of receipt of this letter."

Get your money back

You can ask for your money back if you don't receive the item either:

- ♦ within 30 days of buying it
- ♦ on the date you agreed with the seller - if it was essential to receive it by then (eg for an event then or shortly after)

If the seller refuses to give you your money back, you should put your complaint in writing - follow their complaints procedure if they have one.

If that doesn't work you could:

- ♦ contact their trade association - look on their website for this information, or contact them to ask
- ♦ [use an alternative dispute resolution scheme](#) - it's a way of solving disagreements without going to court, where a third party will mediate to try and reach a solution

If you paid by debit card, contact your bank and say you want to [use the 'chargeback scheme'](#).

If you paid by credit card, and the item cost less than £100, you should contact your credit card company and say you want to [use the 'chargeback scheme'](#).

If the item cost more than £100 but less than £30,000, contact your credit card company and say that you want to [make a 'section 75' claim](#) to get your money back.

If you paid using PayPal, use PayPal's [online resolution centre](#) to report your dispute. You must do so within 180 days of paying.

Report to Trading Standards

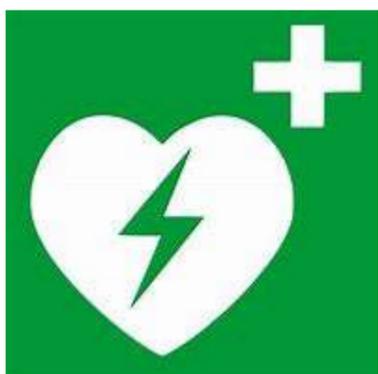
If you think the seller's broken the law, for example, by taking your money and refusing to deliver your item, you should [report them to Trading Standards](#). They may be able to investigate and even prosecute the seller, but won't usually be able to get you your money back.

Contact the Citizens Advice consumer helpline on **03454 04 05 06** if you need more help.

If you require any assistance with this, or any other enquiries, then please come to our office at 2 Stonecutters Way, Great Yarmouth, NR30 1HF.

We are open from 9.15 a.m. Mondays to Thursdays. We also run community sessions at Ormesby St. Margaret and Scratby.

Please call 01493 738345 for more information.



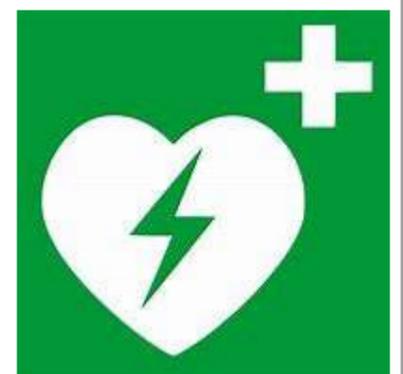
LOCATIONS OF DEFIBRILLATORS IN OUR VILLAGES

ALL SAINTS PARISH HALL, SCRATBY

BRACECAMP PARISH HALL, ORMESBY

GREEN FARM STORES, BEACH ROAD, SCRATBY

SPAR SHOP, NORTH ROAD, ORMESBY





SCHOOLS NEWS

As we expected, the first half term of the school year has been busy and productive. All the children and staff at both our schools have enjoyed lots of different challenges and activities and learned a lot.

At the infant school the Marvellous Me topic work has included finding out about the human skeleton, how our bodies work and the amazing things we can do. Children have created artwork, made stick puppets and learned new skills. Caterpillar class welcomed lots of family members into their classroom on the last day of half term and everyone joined in with activities on an autumn theme, including hand and finger painting and making leaf hedgehogs.

We were joined by lots of parents and other family members when we walked to the church recently to take part in our annual Harvest Festival. This year the children took a more active part in the service by singing songs which reflected on giving thanks for all that we have. Gifts of tinned and packet goods were received by Reverend Mandy who oversaw the proceedings.

Another highlight at the infant school was the Halloween themed disco which was organised by the PTA. Children dressed up in a range of costumes from witches to monsters and everyone had a lot of fun.

At the junior school we have been particularly amazed by a range of model Stonehenges which were a homework project for the year 3 and 4 children. The creativity shown in these models always astonishes us and we have had henges made from breeze blocks, biscuits, lego and clay – to name but a few. We particularly liked Weetabix Henge and Jenga Henge but all the projects are wonderful. At our recent parents evening the henges were on display in the hall so that everyone could see the huge variety of ideas. Photos of some of the models are included below. The year 5 and 6 children have really enjoyed their Pharaohs project and they are now experts on mummification techniques and Egyptian jewellery amongst other things.

The junior school also participated in a Harvest Festival service at the church. Parents and other family members enjoyed hearing poems and songs performed by the children. A wide range of tinned and packet goods were collected during the service, which again was overseen by Reverend Mandy.

We would like to thank all parents and carers who continue to support our schools in all that we do.

Annette McMylor
Deputy Headteacher
The Ormesby Village Schools Federation.



1st Ormesby Brownies

The age group for Brownies is 7 to 11 years old. They meet on Mondays: 5.30pm to 7.00pm at Bracecamp Hall. Anyone interested in joining should contact: Brown Owl on 01493 732288

REMEMBRANCE - BOTH LOCALLY AND NATIONALLY

At this time of remembering the fallen of World War I throughout Norfolk, it might be fitting to reflect on a symbol of national remembrance.

As early as 1915, parishes around Britain were erecting memorials to fallen family members, friends and neighbours, indeed it was Queen Mary's influence on Government that advice was circulated as to material and designs that might be used. Today, every parish has a fine memorial to gather around and remember their local fallen of both world wars and this year the Nation will also come together via television, tablet and in person at the Cenotaph in Whitehall to remember and give thanks to those who paid the ultimate sacrifice.

Several decades ago I was walking down Whitehall with a "man from the ministry", observing and discussing issues regarding a forthcoming visit to number 10 by President Reagan. We had a mutual interest in all things historical and as we approached the Cenotaph he related a couple of pieces of information regarding the monument that set me on a path of further research.....

From Armistice Day 1918, most participating countries were planning memorials, both religious and secular. Ideas included eternal flames, tombs of unknown soldiers and a variety of monuments. In 1919, the British government, under Lloyd George, decided that a Peace Day celebration and march past would be held in Whitehall but it wasn't until the beginning of July that a centrepiece was thought appropriate. With less than two weeks to go before the planned date of 19th July, Lloyd George instructed the government architect, Edwin Lutyens to design and construct a "Cenotaph", which in Greek means "empty tomb". The unveiling of the timber and plaster centrepiece created a spontaneous outpouring of respect, often silence and the placing of thousands of flowers around its pedestal. The salute was taken by various commanders-in-chief of the allied forces and 15,000 allied troops.

The simplicity of the cenotaph on top of a pedestal was an instant success, so much so that by the end of July the Cabinet had decided to commission Lutyens to create a permanent replica. Some M.P.s argued that it should be sited elsewhere in central London, suggesting that Whitehall was too busy. However the majority, including Lutyens insisted that it must be positioned in the same location, where the road Whitehall meets Parliament Street. The monument was completed in 1920 in Portland stone with the simple words "The Glorious Dead" and 98 years later it remains the centre of national remembrance on 11th November.

Returning to my walk down Whitehall with "the man from the ministry", he informed me that Lutyens was very interested in the religious side of Freemasonry, going back to the Knight Crusaders. He believed that only God can make something perfect, so a quick check with architect's callipers revealed that the four corners of the Cenotaph's pedestal are not right angles. My companion also informed me, if you extended the four corners of the pedestal into the sky, they would join at exactly 1,000 feet !! As we continued down Whitehall to the junction with Downing Street, a manhole was seen in the road, with glass bricks fitted into the cover and the question asked "What's it for?" Nobody from the local authority knew the answer but research, including me going down into what was a large chamber, revealed that it was used as an oil store when the Cenotaph was lit by oil lamps until deemed too dangerous as traffic volume increased. Needless to say the chamber has been filled in.

When guiding folk around London, I still pass the Cenotaph several times each year. It continues to impress and reminds me of my past, including many Remembrance Days, standing opposite the Cenotaph as the Queen and other dignitaries pay their annual respects, an act of remembrance that has particular poignancy this year.

Peter Lawrence

Retired Royalty, Diplomatic & Government Protection Officer at Scotland Yard, lately of the County of Norfolk



Our villages had a number of successes at the Great Yarmouth in Bloom Awards 2018.

Scratby (illustrated in last month's Newsletter) won a Silver Gilt Award in the best Village category, and a Silver Gilt Award for All Saints Parish Hall. Green Farm Holiday Park also won a Silver Gilt.

Ormesby St Margaret won Silver in the Best Village category and the Ormesby Allotments also won Silver.

Mick and Jean Cheetham won a Gold Award for their garden (see left), in the over 60sqm category

And Joy Anderson was Great Yarmouth and Gorleston in Bloom Awards 2018 Overall Winner Champion of Champions Cup and also won the Shield for Best Lawn



Clubs and Cafes

THE ROYAL BRITISH
LEGION



Royal British Legion

Prize Bingo Saturday November 17th

At Bracecamp Hall Ormesby

Doors Open 1.30pm

Eyes Down 2.00pm

Raffle

Tombola Table

Free Refreshments—Non Members most welcome

SUNSHINE CLUB

NOVEMBER 2018

CLUB DAYS:

Monday 12th and 26th

CARD GAMES, WHIST, BINGO

All meetings are held from 2pm—4pm at
Bracecamp Hall

NEW MEMBERS WELCOME

Contacts: Audrey 730429 / Josie 720087



Scratby & California Club

The Scratby and California Residents Club meets on Thursday from 2 pm to 4 pm on a weekly basis.

We have a varied programme of activities, from film shows, quizzes, speakers and some outings, and we sometimes simply enjoy a good chat over refreshments.

New members are always welcome, so if you are aged 50 or over from Scratby or California or from local villages come along and see us.

For more information contact Sylvia on 01493 732403 or Colin 01493 732407



Welcome-In Group

meets every Thursday at All Saints Parish Hall from 10:30 - 12:30.

The Welcome in Group are pleased to be included in the new Community News magazine.

We are a friendly group with many activities such as Talks, Quizzes, Chair Exercises, and we do many Crafts.

All are welcome. This month we have:

1st Nov	Chair exercises and quiz
8th Nov	Autumn Printing
15th Nov	Parchment with Betty
22nd Nov	Jury Duty
29th Nov	Bring & Buy

We are in desperate need of Hats, Scarves and Gloves for the Homeless. If you have any please ring Marie on 717794 or bring to 76 Beach Rd. Scratby NR29 3NW

Don't forget our Prostate Cancer evening on the 3rd November.....



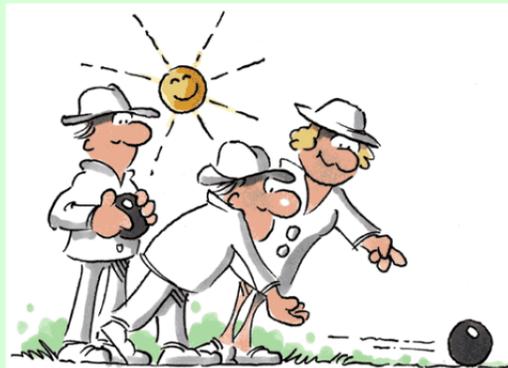
Ormesby Bowls Club

Reopens April 2019

For further club information contact:

Nick telephone 01493 271864

or e-mail nacheevers@hotmail.com



The Broadlands Men's Shed

at the

Wind Energy Museum

Repps with Bastwick

NR29 5JU



Meets 10.30—2.30 on Mondays

The Men's Shed originates from Australia and is a place where men can work on projects of their choice, make friends, socialise over a cuppa and relax. Whether you are retired or have a finished a hard week at work...

it might be just the place for you.

Contact: Debra Nicholson

Tel: 07796407864

Email: debra@windenergymuseum.co.uk

Ormesby Lads FC, Youth Football Club based in Ormesby



Ormesby Lads Football Club, in the Great Yarmouth area, was founded in 1991. For the 2018/19 season we have teams for Under 7's, Under 8's, Under 9's, Under 10's, Under 11's and Under 12's.

www.ormesbyladsfc.org.uk

See also report on Page 15

Clubs and Cafes

GREAT ORMESBY WI—PROGRAMME FOR 2018

Nov 14th Annual Meeting

Dec 12th: Christmas Celebrations.

All meetings at the Bracecamp Hall Ormesby,
2-4pm unless stated above



Secretary Rita Grehan 01493 731490



Great Yarmouth and Gorleston Memory Club

meets every Monday morning at 10am at All Saints Parish Hall in Scratby.

For further information RING Sandra Edmonds on 01493 494217
or Kerry Hunt 07887984341

Or go to the website gygmemoryclub.co.uk

FAIR TRADE POP UP SHOP

AT THE CHAPEL COFFEE HOUSE

Thursday 15th November - Saturday 17th November, usual opening hours

@ The Chapel Coffee House

Come along and get some ethically traded Christmas presents
and enjoy a cuppa and some cake.



*"Great atmosphere, great staff, great food.
We are so lucky to have this in the village"*

Thursdays and Fridays 10:30-14:00;

Saturdays 10:00-13:00

A welcoming place where people of all ages can pop in on their own or meet friends.
Try our delicious homemade cakes, light lunches and fresh coffee, reasonable prices.
A bright and vibrant space with free WiFi, kiddies corner, Pre-loved and Fairtrade shop.

Drop in and Lunch Club:

Drop in and Lunch Club is held every Tuesday from 10:00, with lunch served at 12:00.

Coffee, chat and board games followed by two-course hot lunch.

The Chapel Coffee House, North Road, Ormesby St Margaret, NR29 3RS

Find us on [Facebook](#) or www.chapelcoffeehouse.org.uk

SPECIAL EVENTS

ALL SAINTS PARISH HALL

NOVEMBER 2018

Indoor markets on Fridays

2nd--9th--16th, 10am—2pm

Festive Christmas Evening Fair

Friday 23rd November 5pm--8pm

Stalls 5pm till 8pm and switching on of the
Christmas lights by special guest Santa 6pm

6.30pm a soloist will sing Christmas carols &
Christmas songs. Also available to purchase on
the night: mulled wine. mince pies, sliced cake
and sausage rolls.

free entry , plenty of parking space.

To book please call Tina 01493 730587

Before 7pm

The Friday Forget-Me-Not Community Café

All Saints Parish Hall, Scratby

For light refreshments, all day breakfasts, hot and cold lunches

Every Friday 9.30am-1.30pm

All Welcome — good food, good conversation, free wifi

Christmas Lunches now fully booked

Festive Afternoon Tea; Saturday 15 December £7 per person

Contact Tina on 01493 730587 (before 7pm) to book the Festive Afternoon Tea and Sylvia on
07538463509 for Café Information



be inspired



with Slimming World

SCRATBY SLIMMING WORLD
All Saints Parish Hall, Beach Road, Scratby
Every Wednesday 7.30pm
Consultant: Karen (07733 267216)

HEMSBY SLIMMING WORLD
Hemsby Primary School, School Loke, Hemsby
Every Thursday 5.30pm and 7.30pm
Consultant: Sharron (07910 367864)

CAISTER SLIMMING WORLD
The Centurion Pub, Ormesby Road, Caister
Every Wednesday 8.00am 10.00am and 12.00pm
Consultant: Danielle (07734 945337)

AND

Caister High School, Windsor Road, Caister
Every Tuesday 5.30pm and 7.30pm
Consultant: Sharron (07910 367864)

slimmingworld.co.uk
0344 897 8000



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home extension
designs



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EMAIL: VVSECURITY@BTCONNECT.COM

WWW.VOCALVALELTD.COM

and WWW.VOCALVALELTD.CO.UK

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GREAT YARMOUTH, NORFOLK NR29 4NJ

Memories

Born in 1898, my grandfather was enlisted in the army while very young. He was conscripted in 1916 and sent to France for the first time in 1917 as a gunner.

The family story always was that, while in the trenches on the front line, he was one of a number of men left behind when most of the regiment moved on. The incoming regiment was late arriving and, so the story goes, the rats came out in force and started to feed on anything and everything. The few men still there, including my grandfather, had to take refuge on the roof of a shed to avoid being attacked, and the shock of the experience was such that all his hair fell out at the age of 23. We have no idea whether this story is accurate as my grandfather would never talk about the war; but he was totally bald for the rest of his life.

A parishioner

Robert Edward Rising, Major, 1st Battalion Gloucestershire Regiment who Died 07/11/1914 at the age of 43. Robert was the son of Thomas and Kate Rising, of The Manor House, Great Ormesby, Norfolk; husband of Constance Elizabeth Rising, of The Old Hall, Great Ormesby. He is now laid to rest in grave E. 5 in ZILLEBEKE CHURCHYARD in Belgium.

Major RISING was awarded the D.S.O., which was Gazetted on 6th November 1914. The citation reads:

'Captain Robert Edward Rising, 1st Battalion, The Gloucestershire Regiment. Went up with supports and conspicuously controlled the defence of the Battalion's trenches against a determined attack by the Enemy'

quoted from www.roll-of-honour.com

In her first article our new wine correspondent focuses on....

DRINKS IN THE FIRST WORLD WAR

Theodora Sutcliffe wrote an article about the first world war in Diffords Guide . She quotes a medical officer from the Black Watch at a hearing regarding shell shock “had it not been for the rum ration, I do not think we should have won the war”.

Faith Brendefur , on the other hand, writes about alcoholism in the first world war. “With the trenches came the extreme popularity of rum and whisky within them. For a soldier in the trenches, life was cold, horrific, and filthy. Soldiers in the trenches were served rum daily to help them stay warm, give them courage, as well as to calm them down. Trying to sleep on the cold, hard, dirt floors of the trenches was incredibly difficult so rum was given as a sleep inducer.”

It was a time when many ordinary chaps had their first experience of anything other than beer. They did however long to drink their own beer! The French lager was definitely not a good substitute.



The now popular drink Buck’s Fizz is credited to Captain Herbert Buckmaster who served on the front line in France. After the war he set up the Buck’s Club in London where, along with his bartender Malachy MacGarry, he created a cocktail similar to the one he had consumed in France. The cocktail Sidecar is thought to have a similar route. Whatever the truth is, surely these cocktails must have been better than the rum, tea, sugar and condensed milk drink given to the soldiers, many on their way to their deaths.

One of the myths is that soldiers stumbled across no-man’s land in intoxicated stupors as a matter of routine. In fact, most soldiers would find it difficult to get intoxicated from the standard issue rations alone: soldiers in the British army received 1/16 of a pint of rum per day, and the French army issued half a litre of wine per day.

Linda Lodge

Next Month—drinks for Christmas and New Year

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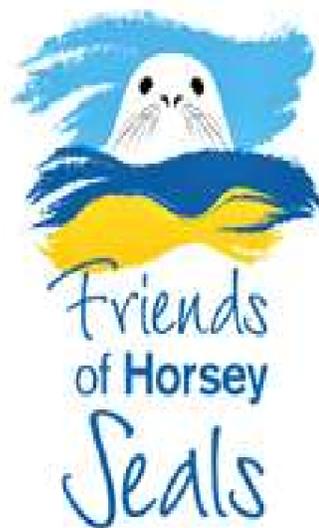
Costs £5.00 for a whole year from October 2018

For further information ring Kathryn on 07815 132808

LITTLE MRS THRIFTY TIPS

If you buy fresh herbs to put into stews, chop them up and put into ice cube trays.

Just take out one or two cubes when needed.....



VOLUNTEER SEAL WARDENS

Can you spare some time November to January assisting with the protection of the Seal Colony at Horsey and Winterton during pupping season, and help educate members of the public?

Then we need you!
Full training is given and is scheduled for September
Interested? Please email
recruitment@friendsofhorseyseals.co.uk

TEST YOURSELF.....

HOW MUCH DO YOU KNOW ABOUT THE GREAT WAR 1914-1918



- 1) Whose assassination on 28 June 1914 sparked the war?
- 2) Which were the first two countries to declare war?
- 3) Who was the prime minister who, after much agonising, took Britain into the war?
- 4) "You smug-faced crowds with kindling eye/ Who cheer when soldier lads march by/ Sneak home and pray you'll never know/ The hell where youth and laughter go." Who wrote those lines?
- 5) "Keep the home fires burning/ While your hearts are yearning/ Though your lads are far away/ They dream of home." Who put these words to music?
- 6) How many British troops were killed on the first day of the Battle of the Somme on 1 July 1916?
- 7) "The time has now come to pluck up courage and begin to talk and write soberly about the war," wrote one critic of the conflict. But which one?
- 8) Tsar Nicholas II of Russia was not the only monarch to abdicate in 1917. Which other king also quit his throne?
- 9) In which country is Vimy Ridge, site of the battle in April 1917 in which many Canadians died and which is now marked in Canada as a day of national commemoration?
- 10) "His Majesty's government view with favour the establishment in Palestine of a national home for the Jewish people." Which minister made this declaration on 2 November 1917?

Who Said This?

"War does not determine who is right,
only who is left."

All answers on page 16

QUINTAGRAM

THIS MONTH, THE ANSWERS ARE ALL TREES

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AAAABBCCCCEEEEEHHHIIKLLMMNOOOOPPRSSUY

GINGERBREAD

FOR SOLDIERS

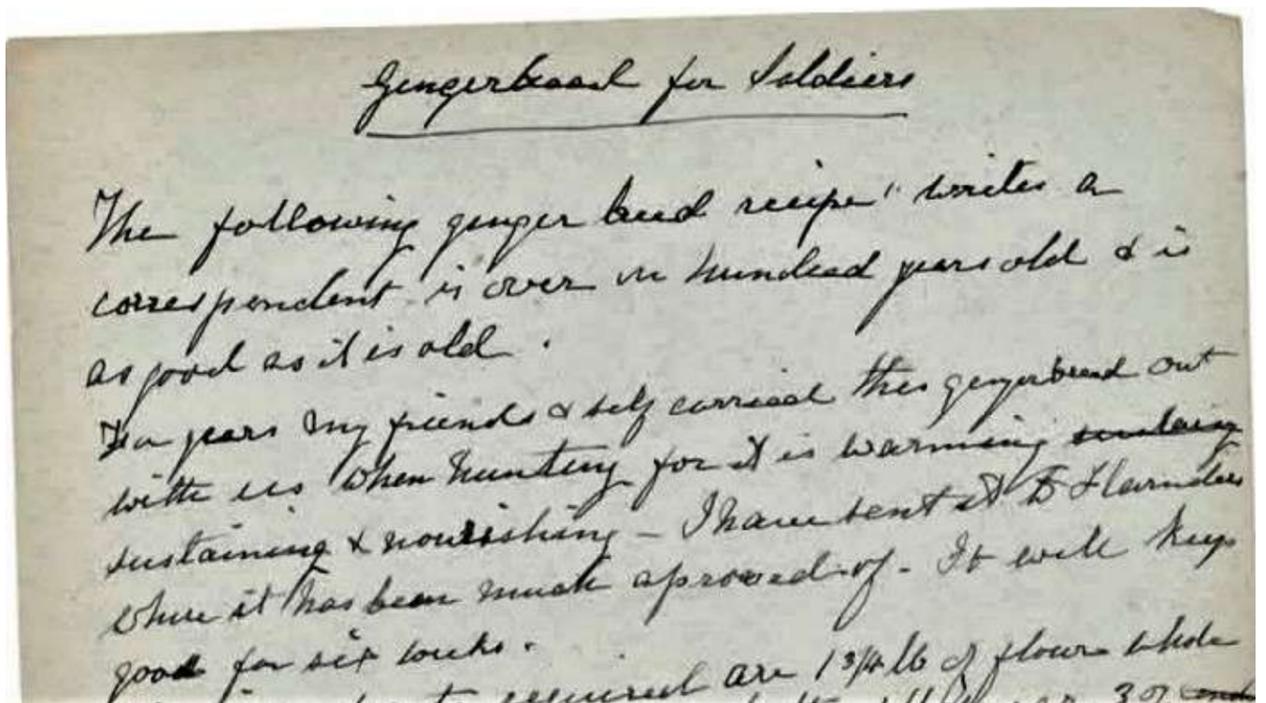
This month's recipe is something of a curiosity, coming as it does from our family archives.

The recipe was written by my Great Great Aunt Sophia to be given to my Great Aunt Polly. Part of the recipe is reproduced opposite.

As it is a little difficult to read I have transcribed part of the letter below:

"Ginger bread for Soldiers"

"For years my friends and self carried the gingerbread out with us when hunting for it is warming, sustaining and nourishing. I have sent it to Flanders where it has been much approved of. It will keep good for up to 6 weeks."



The ingredients as listed by Great Great Aunt Sophia are:

- | | |
|--|--------------------------------------|
| 1 and 3/4 lb flour, wholemeal is best. | 1/2 oz ground coriander |
| 1/2 lb lard or butter | 1/2 oz ground ginger |
| 1lb sugar | 1lb black treacle |
| 3 oz candied peel | Nearly a pint of milk |
| 1/2 oz cinnamon or allspice | Less than 1 oz cream of tartar |
| | Less than 1/2 oz bicarbonate of soda |

I have to tell you that Great Great Aunt Sophia did not go in for explaining methods! Perhaps one of the expert ladies or gentlemen who regularly compete in the Village Show would like to give it a go? If you do, please report back with a photo for the next edition!

GARDENING NOTES FOR NOVEMBER

Welcome to November in the Garden

It's getting colder now, frosts are likely and the garden is winding down but there is still a show to be had. Sedums, Verbena Bonariensis, Chrysanthemums, Asters, Evergreen Clematis like Freckles and Perovskia (Russian Sage) will still be trying to beat the weather, together with grasses which should now be coming into their own. Of course Shrubs and Trees will also be making a final effort with changing leaf colours and bright berries and there will be plants like early Mahonia with bright yellow flowers, Winter Jasmine with the smell as well and Callicarpa with bright purple berries.

This is the time when I feel the urge to tidy up but we must not be too enthusiastic. Pick up the leaves or they might form too thick a blanket for young shoots to grow through. Mulch round slightly tender plants like Penstemons, Salvias, Gaura and Alstroemeria. Don't cut these plants down though. Keeping the foliage will help keep them alive.



Great Ormesby & District Garden Club



Monday 26th November 2018
7.30pm at Bracecamp Hall, Ormesby

The meeting this month is

Our Social Evening

Last meeting of the year
New Year starts Monday 28th January 2019
and
A.G.M

For any further information please contact:-
Gillian Saker 01493 733801
Hazel Stenning 01493 731570

www.greatormesbygardenclub.co.uk

Subscription for the year is £8.00 per person

Hedges can be trimmed and you can prune Wisteria into a better shape once the leaves have gone, just take off the whippy bits and only cut old wood which is dead or diseased.

Bubble wrap the Greenhouse, insulate your outside tap and raise pots off the ground so they don't sit in a puddle, Fuchsias and Pelargoniums can be brought into a cold greenhouse. The chances are they will survive as long as you keep them fairly dry and pick off any dead or fluffy leaves regularly.

Outside, pick all the small figs off your tree. They will not grow any bigger now and they will stop next year's fruit forming. Harvest Leeks and Parsnips and sow early Peas. Tidy up Strawberries again, picking off dead leaves so that the ground around them is clear.

Finally, don't have a bonfire in the middle of the lawn but enjoy firework night safely and make a list of all the garden bits you want for Christmas.

HAZEL

GREAT ORMESBY AND DISTRICT GARDEN CLUB



MEMORIAL TREES

The Parish Council agreed to plant six trees on the Ormesby village green to commemorate the 100th anniversary of the end of the Great War 1914-1918



The trees have been sponsored by organisations including the British Legion, The Ormesby Show and the WI; and by local families. The species to be planted are Maple, Mountain Ash, Oak and Silver Birch.

The plantings will take place during the week leading up to Remembrance Day, with the final tree (the one sponsored by the British Legion) being planted at 1230 on Sunday 11 November, after the services at the Village War Memorial and the Churches.

The schedule for 11 November is therefore:

1030 Service at the War Memorial

1050 Service at St Margaret's

1230 Planting of the 6th Memorial Tree, Village Green

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QUICK-FIRE CAREER INTERVIEW:

DETECTIVE INSPECTOR NICK HEWITT

Best thing about being a police officer? – There truly is nothing like the feeling that you've done something to make someone's life just a little better. I personally enjoy being in a line of work that means something and makes a difference and that's a great feeling. As a police officer, every day can be different and it is often the unknown that provides the excitement that other jobs don't. The bottom line is that being a police officer is very rewarding and most officers regard the role as more than just a job.

Worst thing about being a police officer? - There are certainly way more positives about being a police officer than there are negatives. If you take out the often unexpected and frequent extended tours of duty and the unsociable shift patterns that are required to ensure we deliver 24/7 policing (which has an obvious impact on your family life), I guess one of the negative things about being a police officer would be 'Frustration'. It can be really difficult to sometimes understand and then explain an outcome to someone who has greater expectations or a vastly different opinion as to what they feel would be an acceptable outcome.

Why did I become a police officer? – The answer to this question is identical to my answer in the first question. In addition, having joined the military straight from school I do personally feel comfortable working within a disciplined working environment and saw the move to join Norfolk Constabulary as a natural transition from the Royal Air Force.

What Qualifications did I need ? –There has been a change in qualification levels required to join the Police since I joined in the 90's. The College of Policing is working towards all police officers requiring a Degree Level Qualification standard in the future. This is a good step forward but we must not underestimate the importance that life skills and life experience have on police officer decision making. It is not all about being academic and should be a mix of both.

What on the job training did I get? – When I joined I was required to complete a set 15 weeks basic police training programme at Shotley Gate Police training College. I then returned to Norfolk where I was allocated a tutor constable who provided me with further ongoing training and support for a period of time before I commenced independent patrols (Out on my own!!!). You are required to complete a two year probationary period as a student officer, receiving ongoing specific Law Training and structured course attendance throughout the two years to ensure you achieve the standard required to become a Police Officer. Depending on your chosen career pathway you are then able to structure your ongoing Continued Professional Development. I chose the route as Intelligence officer early on in my career and have been fortunate enough to have had the opportunity to progress through different areas of the Intelligence Directorate within the Norfolk Constabulary. I would certainly recommend this particular career pathway to those interested in becoming a police officer with Norfolk Constabulary.



Parish Halls and Recreation Ground

All Saints Parish Hall, Scratby

Bookings: 01493 384475

DAY	FUNCTION ROOM	MAIN HALL
Every Sunday		Baptist Church 9am-1pm
Every Monday	Memory Club 10am-2pm Pilates 6.30-7.30pm	Broadland Gymnastics 4.30-7.30
Every Tuesday		Pilates 9.30am-10.30pm Boxercise 6.30-7.30pm
Every Wednesday	Weightwatchers 8.30-9.30am Carers Trust Norfolk 10-2pm Camera Club 7.30-10pm	Art Group 9.30-12.30 Bowls Group 1.30-4.00 Slimming World 7.30-9pm
Alternate Wednesdays	Citizens Advice see P 5 for details 2.45-5.15pm	
Every Thursday	Welcome In Group 10.30-12.30 Scratby Club 2.00-4.00 Events Team Use 4.00-6pm	Seated Yoga 9.30-10.15am Yoga 10.30-11.30am Events Team Use 3-4pm Body Highlights 6.30-7.30pm
Every Friday	Forget-me-not Café 9.30-1.30pm	See separate ads for special events

Bracecamp Hall, Ormesby St Margaret

Bookings: Tel 01493 730365

DAY	ORGANISATION	TIME	CONTACT
MONDAY W	WI BRIDGE	2.00-4.00	730664
MONDAY F	SUNSHINE CLUB	2.00-4.00	730429
MONDAY W	BOBBIN LACEMAKING	7.30-8.30	730599
MONDAY W	BROWNIES	5.30-7.00	732288
MONDAY M	GARDEN CLUB	7.30-10.00	733801
MONDAY M	LINE DANCING	7.30-10.00	669582
TUESDAY W	BOBBIN LACEMAKING	2.00-4.00	730599
TUESDAY W	SHORTMAT BOWLS	1.30-4.00	730664
WEDNESDAY W	YOGA	5.30-7.00	732717
WEDNESDAY W	BADMINTON	7.30-10.30	07776304652
WEDNESDAY M	WI	2.00-4.00	731490
THURSDAY W	KEEP FIT QUILTING AND CRAFT LINE DANCING YOUNG AT ART	10.00-11.00AM 2.00-4.00 7.30-10.00 7.30-9.00	730664 730599 07999895155
FRIDAY W	YOGA SHORTMAT BOWLS BRIDGE CLUB	10.00-12.00 1.30-4.00 7.30-10.00	732717 730664 731671
SATURDAY F	DANCES, MIKE & JACKIE	7.00-10.00	01263 502215
SATURDAY M	BOBBIN LACEMAKING	11.00-3.00	730599
SATURDAY M	BRITISH LEGION BINGO	1.30-4.00	731015
SUNDAY W	GREEN PASTURES CHRISTIAN FELLOWSHIP	10.00-1.00	751312

W = WEEKLY, F = FORTNIGHTLY, M = MONTHLY

VILLAGE CENTRE

NOVEMBER EVENTS

Activity	Contact
Tuesday afternoon - Dancing (during term time).	Paula Hacon 07745827274
Tuesday evening (fourth Tuesday in the month) Nightingales Womens Institute	Alison Hagger 07789632434
Wednesday morning Tigger club (during term time)	
Wednesday afternoon - Art club	Jill Mole 01493 731024
Wednesday evening - Dog training	Christine 07810772349
Thursday evening - Flamenco dancing	Angela 07597189083

The charge for regular bookings is £6 per hour.

Casual bookings are charged at £10 per hour with a minimum charge for parties of £40.

Bookings: 07490 688305

ORMESBY LADS F.C.

All the Club's teams have settled well into the new season and are looking forward to next month when we have the first round of the league knockout competitions, which is always an exciting time for both players and parents. Two of our older teams recently played in the first round of the Norfolk County Cup. The U12's were unfortunate to lose 3-2 after conceding a penalty in extra time, but the U13's had a brilliant result beating Downham Town U14's 4-0 on their own ground.

Matches take place on Sundays between 10am and 2pm and any parishioners who would like to come and support us would be most welcome. Refreshments are available in the tea room.

We are always looking for new players who can contact the Club through our website:

www.ormesbyladsfc.org.uk or by calling

Phil Myhill, Club Secretary on 07733 030064.



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ANSWERS TO QUIZZES AND PUZZLES

ANSWERS TO QUIZ

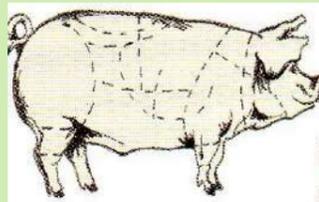
- 1) Archduke Franz Ferdinand
- 2) Austria and Serbia
- 3) Herbert Henry Asquith
- 4) Siegfried Sassoon
- 5) Ivor Novello
- 6) 20,000
- 7) George Bernard Shaw
- 8) Constantine I of Greece
- 9) France
- 10) Arthur Balfour

ANSWERS TO QUINTAGRAM

- 1) Oak
- 2) Mountain Ash
- 3) Silver Birch
- 4) Sycamore
- 5) Copper beech

ANSWER TO "WHO SAID THIS"

Bertrand Russell



philip blake

philip.blake58@hotmail.com



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MALVINDER'S ROLL – PART 3

In the October edition of Community News, the Emirati police advised that we should contact the Omani police to get Malvinder's car out of the desert.

It was early morning when Brigitte and I crossed the U.A.E border into Oman and on to the Omani police station to try and obtain the accident damage report. The Omani police station was like something out of a TV comedy sketch with scruffy looking cops lounging around, drinking tea, swapping jokes. Even the prisoners behind bars in the station's lock up were joining in the frivolity.

"We have to see the car where the accident happened" demanded the senior police officer. This comment had the same ring to it that I had received from the Emirati police the night before. Not wanting a confrontation with him, I agreed to lead his officers to the accident spot where the damaged Wrangler could be inspected,

The Omani police climbed into their 4X4 and then followed me southwards into the desert. After a short while I noticed the police car flashing its headlights. I stopped waiting for them to catch up and wondering if they had a mechanical problem. The police driver asked me if I wouldn't drive so fast. "Why! Are you going to give me a speeding ticket?" I asked sarcastically. "Well no!" he replied seriously, "we find the driving in the desert quite difficult and I'm struggling to keep up." I gave them some tips on desert driving, lowered their tyre pressure to 16 psi which is standard practice when desert driving to improve the vehicle's flotation on the sand.

Coming out of the dunes, I entered a large flat dry plain where my car threw up huge clouds of dust from the dry desert floor. The dust cloud blocked my rear view so that I was unable to see if the police car was still behind me. After a while, I stopped to let the dust settle in order to check the police car's position behind. Alas! They were nowhere to be seen. At that point I gave up on them and continued to Malvinder's car. After cleaning the Wrangler's spark plugs from their oily coating and replacing lost engine fluids I soon had the engine purring like a happy cat. Brigitte drove the Wrangler, following me back through the desert.

Arriving back at the Omani police station, we encountered the policemen who'd tried following me in the desert. I asked them where they had disappeared to. They replied that the drive had been too difficult for them and had turned back. I cheekily responded, "You Arabs live in a desert nation and should be used to moving around your own country especially in the sands; and there is little justification for complaining that the desert is too tough."

My remark left the prisoners in the lock-up and the other police officers laughing hilariously. After the laughter subsided I said, "Well you don't have to visit the desert again because you can inspect the Wrangler parked outside". We celebrated with mint tea and even the prisoners were given a cup to join in.

The police wrote the damage report for the vehicle but insisted that only Malvinder would be allowed to collect it. We drove back to Dubai and stopped by the hospital to check on Malvinder. We found him in good spirits following successful surgery on his arm. We related our adventures with the U.A.E. and Omani police which left him smiling. After being discharged from the hospital he was driven by work colleagues to collect his car from the Omani police station and finally had it repaired in a Dubai workshop.

Dave Lees



HEALTH NOTES: TOPICAL HEALTH TIPS NOVEMBER 2018

Welcome to our monthly health news from your local GP surgery!

FLU VACCINATIONS started in September and continue until the end of March next year. It's important to have your vaccination before the end of November if possible as it really does help protect against the flu and can save lives in those at risk of flu. If you want a vaccine it's really easy – just ask at the surgery either while you're at an appointment or book in to a special flu appointment in our flu clinics. If you're not sure if you need one just ask. We'll be calling anyone who hasn't had a vaccine over the next few weeks to arrange appointments and visits for those who can't get to surgery. If you are housebound, or know someone who is, just call us to arrange a flu vaccination visit.

SELF CARE WEEK starts on November 12th. Self care is about all of us being more prepared for dealing with minor illness, by making sure we have basic medicines in our medicine cabinet and knowing where to get advice on health when you need it. If you want more information about self care, ask at the surgery, pharmacy or visit www.selfcareforum.org. It is important to get advice from your GP or pharmacist when you feel unwell, especially if you are elderly. Don't wait until it gets more serious. With the cold weather coming, follow these tips:



- Get your flu jab
- Wear several layers of clothes to keep warm rather than one chunky layer
- Use a hot water bottle or electric blanket to keep warm in bed
- Have at least one hot meal a day
- Try not to sit still when indoors for more than an hour – moving keeps you warm
- Wear a scarf and hat when outside in very cold weather
- If you have a heart or respiratory condition, stay indoors in very cold weather

RESISTANCE TO ANTIBIOTICS IS INCREASING and to keep them working we will only prescribe for infections that need an antibiotic, according to local guidelines. Most coughs and colds are viral and antibiotics won't work against them, and might actually make you feel worse if you take them unnecessarily, so we would not prescribe antibiotics unless we were sure it was a bacterial infection. Your doctor will let you know if an antibiotic is needed.

CHECK BEFORE YOU TICK! Make sure you are entitled to free prescriptions before you tick the back of the prescription form to claim exemption. The NHS loses about £250m a year because people claim free prescriptions when they should have paid. Over the next few months the NHS will be putting extra checks in place to identify people that claim exemption incorrectly, so make sure you are exempt before you tick the box. If in doubt ask at Dispensary or Pharmacy. The penalty charge is £100 so it's worth checking first.



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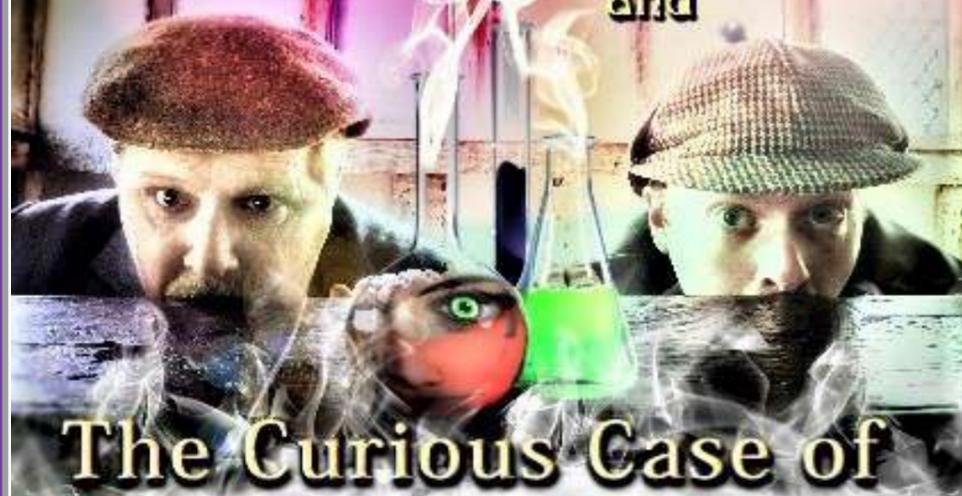
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PET CORNER: SPOTLIGHT ON ANIMALS AT WAR

The war memorial to Animals at War in London's Hyde Park has the moving inscription "They had no choice"

Sadly, the list of animals who had no choice but to go to war is a very long one. Horses, donkeys, mules and camels were all used for transport. Pigeons and dogs were used as messengers. Canaries were used to detect poison gas. Cats and dogs were trained to hunt rats. And of course all these species and more provided companionship as pets and mascots. Here is



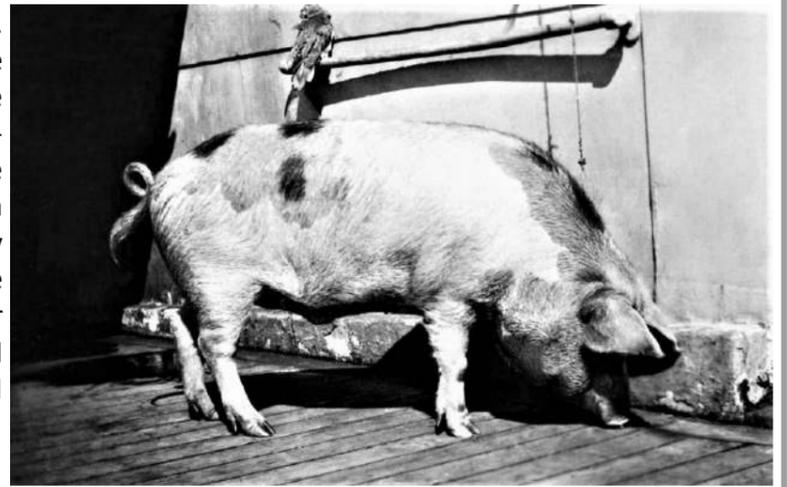
Camels transporting the wounded, India 1917



A dog delivers a message 19 May 1918

one of their stories.....

Tirpitz was the mascot of HMS *Glasgow* during the First World War. The pig had originally been kept on board the German cruiser SMS *Dresden* until she sank in March 1915. Tirpitz was abandoned with the ship, but managed to escape and swim away from the sinking vessel. She was spotted by the crew of the nearby HMS *Glasgow* and one of the sailors jumped in to rescue the frightened animal, nearly drowning in the process. The crew awarded Tirpitz a fake Iron Cross – the German military honour – for remaining on board the sinking *Dresden* after the rest of her crew had left. Tirpitz served



as *Glasgow's* mascot until 1916, when she was retired to the Whale Island Gunnery School near Portsmouth.

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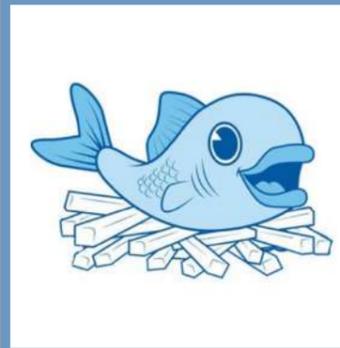
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- Nov 3rd Austria signs Armistice
 - Nov 5th British, French and Americans launch simultaneous attacks from Valenciennes to the Meuse. Announced in Parliament that the Versailles Conference had drafted armistice terms to be communicated to Germany on application under the white flag to Foch.
 - Nov 6th Germans to retreat on 100-mile front in France. Announced that Plenipotentiaries left Berlin for Foch's Headquarters.
 - Nov 7th Mutiny at Kiel
 - Nov 8th Revolution spreads throughout Germany.
 - Nov 9th Kaiser abdicates, the Reds seize the public offices in Berlin, and United Socialists under Chancellor Ebert form a government. At Guildhall Banquet Sir Eric Geddes said the German Navy was ordered out a fortnight ago and refused.
 - Nov 11th Mons occupied at dawn
- ARMISTICE SIGNED AT 5am HOSTILITIES CEASE AT 11am**
- Nov 20th Surrender of submarines at Harwich
 - Nov 21st German Fleets surrender off Firth of Forth



Although hostilities ceased on November 11th, the war did not officially end until 28th June 1919 when the Treaty of Versailles was signed.



With thanks to Jack Dolan for the month by month accounts of the end of the War

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